Hello!

I am currently enrolled in a training course with Helen Sanderson Associates USA called “Facilitating Person Centered Reviews and One Page Profiles” and I am learning how to facilitate a person-centered planning meeting using a process called Person Centered Review.

I would like to practice what I am learning by developing a person centered plan with you and/ or with your family member that could capture what is important to you/them, how you/they want to be supported and what you/they want for the future.

This planning process is called a Person-Centered Review and you will be involved in all decisions affecting your planning process. If you are the guardian for a family member who receives services you would be their representative focusing on what matters most to you/them and it should result in better understanding and actions that support you/them in moving in the direction you wish your life to go. This process can inform a support plan, start or add to an existing ISP, IPP or IFSP, and start or add to a one-page profile/description.

Person-Centered Reviews help us to support people better by:

• Making sure that we’re truly taking into account the experiences of the person, their family and those supporting them when reviewing how well things are going

• Creating an environment where people are made to feel comfortable in expressing themselves honestly

• Developing actions that are based on experiences and learning, leading to an environment where we’re constantly improving our support

If you are interested in partnering with me to create a person centered plan for you using the Person Centered Review process, I will meet with you to talk about how you want your planning session to go, and who you want to invite. The instructor from the Person-Centered Reviews course will attend to observe me and lend support as I practice my facilitation role. If you’d like to try this out or would like more information, please contact me at (insert contact information) When we speak we can review the information on the next page so we can schedule your person centered planning meeting.

Thank you for considering this opportunity to plan with you!

Your Name:

Name of the plan facilitator:

1. What would you like to accomplish through person centered planning?
2. Where would you like your meeting to occur? (city and location of meeting)
3. What times and date work best?
4. Members of your Circle of Support who will participate with you?
5. Is there anything else we should know or do to support you in having a successful planning session?
6. Who will type up the information from the planning session and get to you and your circle of support?
7. Are you comfortable being photographed or videotaped for training purposes?

For more information and to see a brief example of a review process click on the following links:

Person Centred Reviews animate HSA <https://www.youtube.com/watch?v=YpRz-YEwkP8> 9min 39 secs

Person Centered Reviews overview: <http://helensandersonassociates.co.uk/person-centred-practice/person-centred-reviews/>